

Tools and methods for low field MR imaging and elastography



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What is low field MR?

MRI \leq 0.1 T, much lower field than today's clinical scanners:

- accessibile & flexibile: siting, \$, maintenance, ... \checkmark
- less ferromagnetic "bullet" risks \checkmark
- less "iron" susceptibility artifacts \checkmark
- less complicated coil optimization \checkmark

But it does not mean "simple":

- x less signal = longer scan time
- x fine resolution is harder (but not impossible!)
- x smaller magnets often are more inhomogeneous
- x many components must be custom-made

What do we work on?

Open RF coil for MR Elastography

If carefully designed and built, they may boost the MR signal or lower the noise, allowing faster scans. Open-access coils enable adaptable, flexible applications (e.g. MRE, interventional MR, imaging with orthopedic implants).





MR Elastography

MRE quantifies the mechanical properties of organs, such as stiffness and viscosity.

It requires 3 ingredients:

- wave propagation in the body,

Optimized detectors: RF coils @ 4.2 MHz

Open-access RF coil





Acquired maps of the coil's magnetic field



Simulation of the coil's magnetic field





Dedicated MR sequences

optimized for our hardware and magnetic field to speed up MR

- a motion-sensitive MR scan to capture the wave motion, - mathematical inversion of raw data into diagnostic maps.

Often used for liver fibrosis, MRE becomes unreliable at clinical magnetic fields when iron accumulates in organs.

Custom MRE hardware for wave generation







scans despite many challenges (e.g. low signal, unshielded scanner, *B*⁰ inhomogeneity, no commercial sequences).

Ankle MRI examples, 3D bSSFP, reconstructed voxel size 0.8 x 0.8 x 1.8 mm³, 31 slices (8 min 11 s)





Elbow MRI examples, 3D bSSFP, reconstructed voxel size 0.8 x 0.8 x 1.8 mm³, 31 slices (10 min 55 s)



enable accurate optimization of a coil's magnetic field or provide synthetic MR data for validating Elastography reconstructions.

Simulated geometry of the real phantom





mimicking anatomical shapes or



Silicone phantom for MRE



MRE vibration on a silicone phantom

ideal objects with a controlled geometry for testing MR sequences or different magnetic & mechanical properties for validating MRE methods across various magnetic fields.

Molded silicone foot

Stiffness maps from MRE on the phantom at 3 T Stiffness maps reconstructed from synthetic data

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